

Lets you select the number of audio channels, sample size, and the sampling frequency rate to use when converting the QuickTime movie file.

#### Number Of Channels

Indicates whether the recording is mono or stereo.

#### Sample Size

Indicates the size of each audio sample. An 8-bit sample provides a maximum dynamic range of 256 units. A 16-bit sample provides a maximum dynamic range of 65,536 units.

#### Frequency

Indicates the number of audio samples occurring each second. The 44.1 kHz setting provides CD-audio sound quality and requires the most disk space. The 22.05 kHz setting provides AM-radio sound quality. The 11.025 kHz setting provides voice-grade sound quality and uses the least disk space.